

2020  
With God We Can

Pray For Others

**Friends/Relatives of Members**

**Clemmie Smith**, a former member here, passed away a week ago last Friday. Please keep his wife **Tymme** and his family in your prayers as they mourn his loss.

**Barbara Grimm** asked for prayers on behalf of her son **Jeff** and the headaches and pain that he suffers with. Please keep him in your prayers.

**Shawn B Johnson's** daughter **Cassie** is in need of prayers as she goes through an at risk pregnancy.

**Tony Stoffel's** sister in law's mother passed away recently. Please keep the family in your prayers.

**Bob Benchek**, a friend of **Eric Bliss**, son had his cancer return. Please keep him and his son in your prayers.

**Clayton Greco, Debbie Nelson's** grandson is having some issues. Please keep him in your prayers.

**Joy Dugan**, a friend of **Ethel Johnson**, wanted to give thanks for all the prayers she received during her recent health crisis. God is good!

**Dale's brother Daniel** is still in need of prayers for his ongoing health issues.

**Brigitte Dalton**, a former member here, requests prayers for herself and her recent back surgery. Also for her husband **Brian** who is starting treatment for his MS. **Jerry & Sandy Hopkins** granddaughter **Tessa** will have surgery early April. Please keep her in your prayers as well as the family.

Continued prayers for our local outreaches at the **Bridge House, the Pregnancy and Parenting Support Center, the Sunset Farms Men's Shelter, Carol's Food Pantry, Jinny's Closet**, our missionary work in **Panama** as well as **Jerry & Judy Kendall** and their work in Lamar in your prayers.

Prayers for our outreach program at the **Skilled Nursing Facility**. Special requests for the following residents there: **Anita, Lillian Mock, Antonio and Victor**, the ladies and all the care workers and staff.



**Members**

**Loretta Bower** came through her procedure well. Please keep her in your prayers as she recovers at home.

**Laura Crownover** is out of town with her siblings down south. Please keep her in your prayers as she takes care of business and issues with them.

**Glenn Thompson** asked for prayers as he faces a serious health issue.

Please continue to keep **Dorothy & Bill Cunningham** in your prayers as she waits for a transplant.

Please remember **Charles & Judith Scharnagel** in your prayers. They are such great examples of dedication and service to our Lord.

Please keep **Kerrol Williams** and the CCC in your prayers as they are on lockdown due to the virus.

Please continue to keep our shut ins in your prayers i.e. **Mary Connors and Tom Gastellum**. Also for **Kay** as she takes care of her husband and for **Vera McGee** as she looks after her husband **Tim**.

**SCRIPTURE FOR TODAY'S LESSON**

1 Then Moses went out and spoke these words to all Israel: 2 "I am now a hundred and twenty years old and I am no longer able to lead you. The LORD has said to me, 'You shall not cross the Jordan.' 3 the LORD your God Himself will cross over ahead of you. He will destroy these nations before you, and you will take possession of their land. Joshua also will cross over ahead of you, as the LORD said. 4 And the LORD will do to them what He did to Sihon and Og, the kings of the Amorites, whom He destroyed along with their land. 5 The LORD will deliver them to you, and you must do to them all that I have commanded you. 6 Be strong and courageous. Do not be afraid or terrified because of them, for the LORD your God goes with you; He will never leave you nor forsake you." 7 Then Moses summoned Joshua and said to him in the presence of all Israel, "Be strong and courageous, for you must go with this people into the land that the LORD swore to their ancestors to give them, and you must divide it among them as their inheritance. 8 The LORD Himself goes before you and will be with you; He will never leave you nor forsake you. Do not be afraid, do not be discouraged."

Lompoc church of Christ

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SCHEDULE

**Sunday**

Bible Classes for all ages	9:30 a.m.
Morning Worship	10:30 a.m.
Evening Worship	5:00 p.m.

**Tuesday**

Ladies Class	10:00 a.m.
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**Wednesday**

Bible Classes for all ages	6:30 p.m.
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ELDERS, DEACONS AND STAFF

Elders		Deacon	
Eric Bliss	757-6338	Martin Casey	729-0261
Dale Donaghe	315-4847		
Dave Gastellum	757-7092		

*The Elders meet on Sunday morning before services*

Minister: Roy Senior  
Phone: 680-3787  
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Secretary: Shelli Donald  
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**THOUGHT FOR TODAY**

If you don't think every day is a good day, just try missing one.

**SCRIPTURE FOR TODAY**

*This is the day the LORD has made;  
let us rejoice and be glad in it. ~ Psa. 118:24*

## COVID-19

After prayerful consideration on Tuesday, the elders recommended that we suspend our worship and Bible class time together until at least Sunday April 5<sup>th</sup>. This decision was not made out of fear, but out of a desire to actively love and protect the most vulnerable people in our church family and throughout our community. Our decision was validated by the Governor of California when he put into effect the "Shelter in Place" requirement for the entire state as of Thursday evening, March 19<sup>th</sup>.

We will post a new sermon on our Website in time for your Sunday morning viewing and include a current bulletin containing congregational news, events, and those in need of our prayers.

We invite you to remember that the church is not our building at 138 N. "O" St, the church is us! Worshiping in our homes will bring us into the presence of God as surely as if we were sitting in the auditorium together.

As we begin each week under different and sometimes difficult circumstances, may we be a people who fully trust in God's faithfulness, remembering that Jesus is our hope and our salvation.

R. Senior

**Pray** for the virus to be contained and begin to decline.

**Pray** for those infected to be healed.

**Pray** for the fear in people to be replaced by the peace of Jesus.

**Pray** for wisdom for our government and health officials as they lead our communications and nations.

**Pray** for the protection of all healthcare workers.

**Pray** for the gospel to spread and for people to turn to Jesus.

## PRAYER IS IMPORTANT

**-Loretta Bower** came through her procedure well. Please keep her in your prayers as she recovers at home.

**-Tony Stoffel's** sister in law's mother passed away recently. Please keep the family in your prayers.

**-Clemmie Smith**, a former member here, passed away a week ago last Friday. Please keep his wife **Tymme** and his family in your prayers as they mourn his loss.

**-Bob Benchek**, a friend of **Eric Bliss**, son had his cancer return. Please keep him and his son in your prayers.

**-Clayton Greco, Debbie Nelson's** grandson is having some issues. Please keep him in your prayers.

**-Joy Dugan**, a friend of **Ethel Johnson**, wanted to give thanks for all the prayers she received during her recent health crisis. God is good!

**-Daniel Donaghe** is still in need of prayers for his ongoing health issues.

Please remember **Charles & Judith Scharnagel** in your prayers. They are such great examples of dedication and service to our Lord.

Please keep **Kerrol Williams** and the CCC in your prayers as they are on lockdown due to the virus.

Please continue to keep **Dorothy & Bill Cunningham** in your prayers as she waits for a transplant.

Please keep the **Ladies Day Brunch** and Tea in your prayers. It has been cancelled until further notice.

**Now is no time to think of  
what you do not have.  
Think of what you can do  
with what there is.**

## ENCOURAGING WORDS

### **The Best Medicine for the Heart!**

If your heart is hurting, what's the cure? If your heart is lonely, what's the cure? If your heart is grieving or broken or damaged or despondent, what's the cure?

If you asked your friends to respond to those questions, what sorts of things do you think they'd offer as suggestions? Perhaps some folks would say that if your heart is hurting, lonely, broken or grieving... "Go to the bar," "Go to the club," "Hit the bottle," "Light it up," People look for cures in all sorts of different places.

Here is the cure that was stated by one whose heart has been deeply hurt, trampled and grieved more than most folks and more than many could handle: **"The best medicine to cure the heart is to help others."** Rather than hiding in a closet or lashing out at the world or throwing a pity party, a fellow Christian has found the cure—take the focus off of self and put it on others! What can I do today to make a difference in the life of someone else?

Of course, that "cure" is not new. **It is at the heart of the Christian faith!** We are urged, *"As we have opportunity, let us do good to all, especially to those who are of the household of faith."* **Gal. 6:10** Some folks wait for an opportunity. But Christians who know "the cure" aren't even satisfied with "waiting" for an opportunity. They look. They search. And if they cannot find an opportunity, they will even create one, just to be able to serve.

**"The cure" of helping others is at the heart of Jesus Himself!** On the night when His heart must have been grieved beyond measure, Jesus washed His disciples' feet and said, *"Do as I have done to you."* **John 13:15** In the garden, His soul was *"exceedingly sorrowful"* **Matt. 26:38**, and yet what did He do? He went to the cross to "help us"!

So by His very example we see that **"The best medicine to cure the heart is to help others."**

R. Senior